# SomaliCAN.org **OUTREACH NEWSLETTER**

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# MAY 2013 EDITION

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# 1. Will establishing an English-only household help my child learn English faster?

#### by Sirad AF Shirdon

#### **Speech Language Pathologist**

"We only use English in the home".

Columbus, OH- As a speech-language pathologist, families often admit that they speak English exclusively in the home. If these families were from English speaking backgrounds, this would be understandable. However, I am increasingly hearing this from families who come from culturally and linguistically diverse backgrounds.

The commonly held beliefs that drive this phenomenon, are that (1) children will learn English faster this way, and (2) if children have a speech/language delay (e.g. they're not speaking yet), it's because the child is confused by the multiple languages they're being exposed to.

Increasingly in our Somali community here in Ohio, you will meet mothers who insist on speaking only English in the household. However, these mothers may not have a good grasp of the English language and end up communicating with their children in broken English.

#### The first myth

Children will learn English faster, if it is the only language spoken in the home. This widely held belief is incorrect. In my field of speech-language pathology, we are always talking about the importance of modeling language, for young children. Modeling language involves teaching children the sounds, vocabulary, grammar and sentence structure of a given language by talking, reading, reciting poetry etc. Once the child has received a strong foundation in the first language, they will transfer those skills to learning their second language. If we consider a Somali child learning English, we know there are several sounds that are found in English, but not in Somali and vice versa. A child may be learning the English vocabulary for the first time, and be confronted with the English word 'vacuum'. Up to this point, the child has not been exposed to the sound 'v' and will naturally replace it with the closest sounding sound in Somali, 'f'. So the word comes out as 'facuum'. For children who are learning two languages at the same time, these errors are completely normal (ASHA, Advantages of being bilingual). ...Continued in page 3...





Disabilities Council

Somali

Ohio Developmental

# Continued... Will establishing an English-only household help my child learn English faster?

The child's developing brain is making sense of the two language systems, and by kindergarten children are able to separate the two languages. In the early years, it is not uncommon to see the child mixing the two language systems.

During this time, it is very important that the parents give the child a strong foundation in their strongest language and for most of us that is afka hooyo, af-Somaali (the mother language, Somali). This way the child will transfer the strong skills into their English language learning, which will facilitate their learning of the language. If parents insist on solely speaking English, children do not receive the benefits associated with bilingualism which includes being able to process information in multiple ways, greater cognitive flexibility, improved problem solving and listening (ASHA, Advantages of being bilingual).

#### The second myth

Speaking in one's native language confuses the child and contributes to speech/language delays. Increasingly, there are many Somali children who are being diagnosed with speech/language delays.

Many families believe that Somali is confusing, and that since English is the language used in the schools, this too should be the language of the home. This concern is completely understandable, as the stakes are much greater for parents who have a child with a speech/language delay.

However, the advice remains the same: the parent should continue to communicate with their child in the language their most comfortable with (ASHA, Learning two languages). Think of language as a circle, as one system. If the child is learning English and Somali, the circle splits in half.

Any issues with one component of language, say vocabulary, will show up in the other language. For instance, in my practice, I have seen children whose problems saying verbs in one language, show up in the other language.

In sum, there are tremendous benefits to speaking to your child in Somali at home. A solid foundation in Somali will assist your child in learning other languages.

...Continued in page 4...









Somali

# ...Language... continued from page 3 Satisfaction Survey: SomaliCAN Outreach Newsletter

In the early years, Somali children are exposed to many languages, including Somali, Arabic and English; these languages will aid the children and help them to acquire beneficial skills. However, this in large part depends on providing the child with an early, solid foundation in their first language, Somali.

Please visit the American Speech-Language-Hearing Association website, to learn more about bilingualism: http://www.asha.org/about/news/tipsheets/bilingual/

#### References

Retrieved American Speech-Language-Hearing Association. Learning two languages. from http://www.asha.org/public/speech/development/BilingualChildren.htm

American Speech-Language-Hearing Association. The advantages of being bilingual. Retrieved from http://www.asha.org/about/news/tipsheets/bilingual/

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# 2. Satisfaction Survey: Somalican Outreach Newsletter

If you or a family member has a developmental disability, the Ohio Developmental Disabilities Council would appreciate your help in completion of a short satisfaction survey about the SomaliCAN Outreach newsletter. This link will take you to the short survey which should take less than five minutes to complete:

## http://www.surveymonkey.com/s/6H2CVB5

Please contact me by phone at (614) 685-6706 or by email at sherry.feinstein@osumc.edu if you have any questions regarding the survey.

Thanks in advance for your participation!

Sherry Feinstein

# Xog Raadinta ku Qanacsanaanta Wargeyska SomaliCAN Outreach

Haddii adiga ama xubin qoyskaaga ka mid ah uu qabo curyaannimo korriinka ah, waxay Ohio Developmental Disabilities Council kaaga mahad naqayaan inaad ka caawiso buuxinta xogta kooban ee ku qanacsanaanta wargeyska SomaliCAN Outreach newsletter. Xididkani wuxuu ku geynayaa bogga xogta wuxuuna qaadanayaa in ka yar shan daqiiqo si loo buuxiyo.

### http://www.surveymonkey.com/s/6H2CVB5

Fadlan igala soo xiriir telefoonka (614) 685-6706 ama emailka sherry.feinstein@osumc.edu haddii aad qabto wax su'aalo ah oo ku saabsan xog ururintaan.

Thanks in advance for your participation!

**Sherry Feinstein** 

Somalic N





# In Gurigayga Looga Hadlo Af Ingiriis Keliya Miyay Ilmahayga u Sahlaysaa af Ingiriiska?

#### Oore: Sirad A F Shirdon

"Waxaan guriga uga hadalnaa Ingiriis Keliya."

Columbus, OH- Maddaama aan ku takhasusay cudurrada hadalka iyo afka, qoysasku waxay badi ii qirtaan inay af Ingiriis keliya guriga uga hadlaan. Haddii qoysaskani ay ahaan lahaayeen kuwo Ingiriiska ku hadli jiray, wax la fahmi karo ayay ahaan lahayd. Hase yeeshee, waxaan in badan ka maqlayaa qoysas ka soo jeeda afaf iyo dhaqammo kala geddisan. Arrimaha badanaa la aamminsan yahay ayaa ah in (1) carruurtu ay Ingiriiska dhaqso ku baranayaan sidan, iyo (2) haddii carruurta uu hadalka ama afku ka daaho (tus: aysan hadli karin) waxay ku wareereen afafka badan ee ay maqlayaan. Sida badan, jaaliyaddeenna Soomaaliyeed ee reer Ohio waxaad kula kulmaysaa hooyooyin ku adkaysanaya in Ingiriis keliya looga hadlo reerka.

Hase yeeshee, hooyooyinkani waxa laga yaabaa inaysan si wacan u aqoon af Ingiriiska waxaana khasab ku noqota inay carruurtooda kula hadlaan Ingiriis jajaban.

#### Khiyaaliga u Horreeya

Carruurtu waxay dhaqso baranayaan Ingiriiska haddii reerku afkaas oo keli ah ay ku hadlaan. Arrintaan si aad ah ayaa loo aamminsan yahay, saxna ma ahan. Takhasuskayga cudurrada hadalka iyo afka, waxaan badanaa ka hadalnaa ahmiyadda ay leedahay inaad carruurtaada yaryar afafka u jisho.

Jilitaanka afku waa inaad carruurta barto dhawaaqa, erayada, naxwaha, iyo hab dhiska jumladaha ay luqaddu leedahay adigoo la hadlaya, u aqrinaya, gabyaya, iwm.

....Eeg bogga 6...

# Choose CareSource as your Health Plan.

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## ...AF INGIRIIS KELIYA... KA YIMID BOGGA 5...

Markii ilmuhu uu gundhig wanaagsan oo afka koowaad ah helo, wuxuu xirfaddaas u adeegsan karaa afafka kale ee uu baranayo. Haddii aan tixgelinno ilmo Soomaaliyeed oo Ingiriis baranaya, waxaynu ognahay inay jiraan dhowr dhawaaq oo afka Ingiriiska ku jira oo aan Soomaaliga ku jirin iyo sida kaleba. Waxaa laga yaabaa inuu ilmuhu markii u horreysay baranayo af Ingiriis oo uu la kulmo erayga "vacuum".

labada Caruurta af isku marka baranaysa, khaladaadkan waa iska caadi (ASHA, Advantages of being bilingual). Maskaxda koraysa ee ilmuhu waxay macno u yeelaysaa hab dhiska labada af, iyadoo markay gaaraan xannaanada ay kala sooci karaan labada af. Sannadaha hore waxaa in badan dhacda in labada af uu ilmuhu isku qaso. Xilligaan waxaa aad muhiim u ah in waalidku ilmaha u sameeyo aasaas xooggan oo afka ay sida ugu wanaagsan u yaqaannaan ah iyadoo badideen uu noqonayo afka hooyo, af-Soomaali. Sidaasuu ilmuhu aqoontiisa af Soomaaliga ugu adeegsan karaa markuu baranayo afka Ingiriiska, taasoo u fududaynaysa barashada afka.

Haddii waalidku ku adkaysto in Ingiriis keliya lagu hadlo, carruurtu ma helayso faa'iidooyinka ku jira aqoonta laba af sida in siyaabo kala geddisan warka loo qabto, fahmad furfuran, xallinta arrimaha oo dhegaysi fududaata. ivo hagaagsan (ASHA. Advantages of being bilingual).

#### Khuraafaadka Labaad

In lagula hadlo afka hooyo way wareerisaa ilmaha waxayna gacan ka geysataa dib u dhaca hadalka ivo af barashada. Waxaa soo badanava carruur Soomaaliyeed oo laga helo dib u dhaca hadalka iyo af barashada. Qoysas badani waxay aamminsan Soomaaliga lagu wareero, maaddaama Ingiriis laga isticmaalo dugsiyada, in gurigana ay waajib tahay in Ingiriis looga hadlo. Welwelkan waa la fahmi karaa, maaddaama qoysaska ay la weyn tahay in ilmuhu la daaho hadalka ama af barashada. Hase yeeshee, taladu waa isla tii: waalidku waa inuu ilmaha kula hadlo afka uu sida ugu hagaagsan u yaqaanno (ASHA, Barashada laba af).

U sawiro inuu afku yahay goobaabo, hal unug. Haddii ilmuhu baranayo Ingiriis iyo Soomaali, goobaabadu waxay u qaybsamaysaa labo qaybood. Wixii dhibaatooyin ah ee hal af ku dhaca waxay ka soo muuqanayaan afka kale. Tusaale ahaan, shaqadayda waxaan ku arkay carruur ay ku adag yihiin sida loogu dhawaaqo ficilka/falka hal af, oo afkii kalana sidaas u muuqdo.

Isku soo ururintii, waxaa ku jira faa'iidooyin waaweyn in aad ilmahaaga af Soomaaliga kula hadasho guriga. Saldhig adag oo af Soomaali ah waxay ka caawinaysaa ilmahaagu inuu barto afafka kale. Sannadaha hore, carruurta Soomaaliyeed waxaa lagula hadlaa afaf badan sida Soomaali, Carabi iyo Ingiriis; afafkaan oo ka caawinaya in carruurtu ay helaan xirfado faa'iido u leh. Waxayse tanu si weyn ugu xiran tahay in ilmaha yaraanta loogu diyaariyo aasaas adag oo afkooda koowaad ee Soomaaliga ah.

Si aad faahfaahin dheeri ah u hesho, fadlan booqo bogga American Speech Language Hearing Association:

http://www.asha.org/about/news/tipsheets/bilingual/.

#### Tix Raac:

American Speech-Language-Hearing Association. Learning two languages. Retrieved http://www.asha.org/public/speech/development/Bili ngualChildren.htm

American Speech-Language-Hearing Association. The advantages of being bilingual. Retrieved from http://www.asha.org/about/news/tipsheets/bilingual/

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## 3. Opportunities, Events and Announcements

### **Employment Opportunity**

Job Title: Licensed Practical Nurse

DODD - Southwest Ohio Developmental Center Agency:

Opening Date: Tue. 06/12/12 Closing Date/Time: Continuous

State Salary Range: \$19.06 - \$23.87 hourly

\$39,644.80 - \$49,649.60 annually

Job Location Southwest Ohio Developmental Center 4399 East Bauman Ln Batavia, OH 45103

Clermont County

#### **Minimum Qualifications:**

License to practice nursing as a licensed practical nurse issued by Ohio Board of Nursing pursuant to Section 4723.09 Ohio Revised Code.

To apply, visit the State of Ohio government website and search for the position title in the jobs page.

## **Youth Literacy Grant Opportunity**

**Dollar General Foundation** Deadline: May 23, 2013

Grants are available to support organizations that provide literacy programs for new readers, below-gradelevel readers, or readers with learning disabilities. Grant funding is provided to assist in imple-menting new or expanding existing literacy programs; purchasing new technology or equipment to support literacy initiatives; and/or purchasing books, materials, or software for literacy programs.

Applicants must be a nonprofit 501(c)(3) organization, a K-12 private or public school, a college or university, or a public library. Organizations must be located and provide services within twenty miles of a Dollar General store.

http://www2.dollargeneral.com/dgliteracy/Pages/youth\_grants.aspx

# 4. Employment First Conference: Changing Expectations

Every Person. Every Talent. Every Opportunity.

Tuesday, June 4 and Wednesday June 5, 2013

Embassy Suites Columbus - Dublin 5100 Upper Metro Place, Dublin, Ohio

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Featuring Keynotes by Dale DiLeo

President, Training Resource Network

St. Augustine, FLA

**David Hoff** Program Director, Institute for Community Inclusion, University of Massachusetts, Boston Session Topics include: Interagency Collaboration, School to Work Transition, Employer Engagement, Changing Culture, and more....

Registration opens March 18 on the NEW Ohio Employment First web site at www.ohioemploymentfirst.org







# 5. Central Ohio Community Resources

**Police:** 

Emergency: 9-1-1

Non-emergency: 614-645-4545

Sheriff: 614-462-3333

**Mental Health Crisis:** 

Netcare Access: 614-276-2273

**Poison Control: 1-800-222-1222** 

Columbus Health Department Free Clinic: 614-240-7430

**Legal Matters:** 

Legal Aid Society: 614-241-2001

**Child Abuse and Neglect:** 

FCCS: 614-229-7000

**Housing:** 

CMHA: 614-421-6000

**Information and Referral:** 

HandsOn: 614-221-2555 or 211

Somali Services

SomaliCAN

614-489-9226

www.SomaliCAN.org

The Omolesky Law Firm 614-441-5305

#### SOMALICAN SERVICES:

#### **Health Communication and Literacy:**

- Patient education
- Prescription access
- Cultural competency training
- Information & Referral

#### **Community Education:**

- Youth engagement
- Services in Schools
- Advocacy and Support
- Scholarships
- Annual Graduation
- Crime Prevention
- Disaster Preparedness

#### **SomaliCAN Outreach Newsletter:**

- Monthly bilingual newsletter
- Advertisements
- Articles
- Cultural Competency
- Research
- Legislation
- Developmental Disabilities

#### **Immigration Services:**

- Green card applications
- Citizenship applications
- Citizenship education

# Somali Interpretation & Translation:

Do you require highly qualified interpreters and translators?

Please contact a SomaliCAN specialist today. SomaliCAN provides interpretation and translation in social services, medical, legal, academic and financial settings.

# **SomaliCAN**

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